

PERS Speaks Out

The student newspaper for Project Education Residential School in Galena, Alaska

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Galena teams advance to state

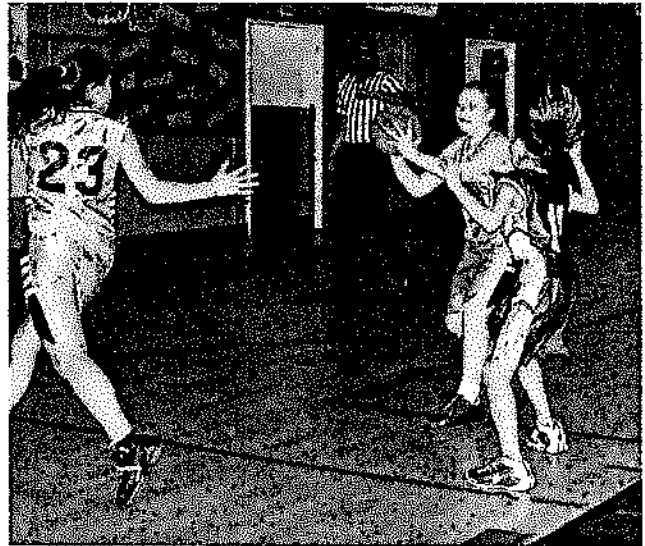
By May Henry
Staff writer

The Galena boys and girls basketball teams both advanced to State as the first seed, after taking first place at the regional tournament, here in Galena on March 9-12.

For the boys All Tournament recipients from Galena during regionals were seniors Matt Thurmond, Leonard Huntington, Peter Aloysius, and sophomore Alan Lonewolf

Janice Arkell received the Most Valuable Player (MVP) award for the tournament, while LeAnn Sommer, May Henry and Joyelyn Sommer received All Tourney for the Lady Hawks. Janice Arkell and Ashley Burgett both received All Academic Awards for a 4.0 GPA.

Both Galena teams went undefeated during regionals. The girls played the Matanuska Christian Eagles and the boys played the Tri-Valley Warriors on the first day. The second day the girls took on the Tri-Val-



Ashley Burgett passes the ball to Janice Arkell against Tri-Valley during the championship game.

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ley Warriors for the championship title, as the boys won theirs defeating the Tok Wolverines.

During the State Tournament, held at Service High in Anchorage from March 17-19, the Galena girls took third place.

The Lady Hawks started off the tournament on Thursday, March 17th with a tremendous victory over the Unalakleet Lady Wolf pack with a devastating score of 44-22. Janice Arkell received the Player of the Game Award, leading the team with 14 points, 4 steals

and 12 rebounds. Joyelyn Sommer followed with 8 points.

"I thought we played a really good game. We worked really hard and were rewarded with the satisfaction of a win, said Janice Arkell, Senior."

Friday the ladies lost in the semi-finals to the 5 time consecutive state champions, the Ninilchik Lady Wolverines with the score of 47-33. LeAnn Sommer got the Player of the Game Award, tying for high

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PERS Speaks Out is a publication of the mass media class. Staff writers are Sarah Reagin, DJ Richardson, Devyn Walker, Brandon Walker, and May Henry. The editor in chief is Janice Arkell; the news editor is Tiffany Woods. Our photographer is Pina Sheldon. The mass media teacher is Paul Apfelbeck.

Opinion

The best students are at PERS

By **Tiffany Woods**
News editor

In life you will run into people who don't want to do anything. Well, I believe that you shouldn't have to run into them at PERS.

The school started for students who had a drive to succeed. PERS offers a great learning environment with small class sizes and the option to take vocational classes.

Still, there are students who sit around and do nothing but take time away from other kids who want to learn.

It's very annoying when you are in a class with students who don't want to work. If the teacher asks you to do something, do it! Don't slack off and get poor grades, slacking off doesn't help anyone including yourself.

At PERS it is easy to succeed because of the Performance Excellence for All Kids

(PEAK) program. PEAK says you can take a test over if you fail the first time.

At any other high school you don't get two or three chances to take a test. PERS even has an hour of mandatory study time for

care. How do the students who don't do anything and slack off get to keep returning to PERS? As a boarding school, with students who gets accepted by application, we should have the best students

nity to take vocational classes.

The students who choose to take a vocational class could get a private pilot's license in aviation or a cosmetology license, but they have to work hard for it, it won't just be handed to them.

PERS vocational programs are Cosmetology, Aviation, Culinary Arts, and Automotive.

If you look at the classes the students take at PERS, not even half of them are taking a vocational class.

I believe if you are going to attend PERS, then you should be required to take at least one of the vocational classes that are offered.

If you want to go to a good school and/or take vocational classes then PERS is right for you.

If you just want to sit around and do nothing, well maybe you should stay at home.

Why don't more students take advantage of the opportunities they have?

all the students, except level three and another hour for students who are getting D's and lower.

So would someone please explain to me why anyone just sits around and does nothing in class? Aren't we here to learn?

I have the drive to succeed and do well in school. I do my work, I'm in extracurricular activities, including a school sport. The administration can see the difference between the students who strive to succeed and the students who just don't

there are. After all, that's what our teachers and principal tell us, "The students at PERS are the best in the state."

Obviously, this is not true when we have every chance to succeed as students, and yet there are always many students on the after school list.

Why don't more students take advantage of the opportunities they have?

Most of the students don't have this level of education in their home town. The students have the opportu-

Quote of the issue: I'm not interested in age. People who tell me their age are silly. You're as old as you feel.

Henri Frederic Amiel

She can't get enough of Galena

Student returning for 13th year

By **Tiffany Woods**
Managing editor

PERS senior, Tiffani Souhrada has been excepted to the Post secondary program and will be living in the adult dorms for the 2005 – 2006 school year.

Souhrada will be working on getting her cosmetology license during this time. In order to get her license she must complete 1650 hours of practicing cosmetology. Then she'll have a state board exam in May 2006 to pass.

Souhrada is currently taking an

introductory class. She also works in the cosmetology building everyday after school and sometimes on Saturdays.

"I want to find a job in either Fairbanks or Anchorage and work there for a while after I get my license. Then maybe go to college," said Souhrada.

The class will start September 6, 2005 and last until the end of May. Cosmetology instructor, Gar Wong will be working with Souhrada to make sure she learns everything she can.

Third Quarter Honor Roll

4.0 students

Lena Hensley
Tiffany Woods
Caitlin Lekanof
Donald Richardson
Tiffani Souhrada
Siana Tall
Erik Grundberg

Francis Captain
Brandon J. Walker
Steven Grundberg
May Henry
Arnold Holmberg
Alan Lonewolf
Samantha Sooalo
Pina Sheldon
Joseph Teve

3.5 or higher

Janice Arkell
Keira Abrams
Candace Kruger
Jenna Fallon
Andrea Grundberg
Dorothy Walker
Allyssa Derendoff
Mark Young
Daniella Vasquez
Jessica Gibson
Jeremiah Stepetin
Kristyn Silas
Amanda Hetherington
Roberto Burgess

3.0 or higher

Craig Aloysius
Melinia McCarty
Chrissie Sallaffie
Cory Madros
Wesley Cruikshank
Lavern Noble-Arkell
Joshua Hodges
Sarah Reagin
Roseanne Kruger
Kayla Nickoli
Brandon G. Walker
Marissa McCarty

Teacher headed to the Gathering Of Nations

By **DJ Richardson**
Staff writer

PERS Social studies teacher Carlee Malemute will be going to the Gathering of Nations that will be held from April 28 – 30.

The Gathering of Nations, which is the biggest pow-wow in North America, is held at the University of New Mexico in Albuquerque.

Carlee stated her reason for going, "Because I've never been

to a pow-wow, and I really want to check it out."

The gathering runs from Friday morning to Sunday morning. It is a blend of cultural heritage and teaching people about Native Americans. It consists of dancing, competitions, and music. There is also a competition for the Miss Indian World crown.

Malemute helping Terry Bower in her Alaska History class.

Photo by Pina Sheldon



Just what we need - more drama

By DJ Richardson
Staff writer

The "Drama Ladies", Katie Dawson, Gwen Reitz, and Eve Tulbert, were here to make plays and teach teachers how to incorporate drama into the classroom.

The high school play was made and written by the students that participated. Elementary students also participated in their own play. The two plays were shown in the PERS Auditorium on a Friday night.

The students that participated in the high school play were Josh Hodges, Chaz Sims, Dorothy Walker, Brittney Silas, Kristyn Silas, Tiffany Woods, and Chrissie Sallaffie.

PERS Sophomore Brittney Silas said, "It was fun and I liked being the grandma."

The high school play was a local Koyukon story about a women going on an adventure to stop The Windman. The story is slightly changed with improvisation, comedy, and modernization.



Gnomish Chrissie Sallaffie, Chaz Sims, Brittney Silas and Josh Hodges greet Tiffany Woods.

The drama ladies met with four teachers, two high school and two elementary and taught

them how to interweave drama into their lesson plans.

A stranger in our wonderland

Mystery person of the month by the enigmatic Devyn Walker

What's your hair color? Dark Brown

What's your eye color? Dark Brown

Sibling status? 1 brother, 1 sister, and 1 step sister

Are you social? When i'm in the mood, sometimes I like to be a loner. Sometimes i'm too social.

Favorite food? Too much, love food

Favorite drink? Tang, Red Bull

Favorite TV show? Friends, Fear

Factor

Favorite thing to do? Just chill

Favorite clothing brand? Nike, Echo Red, Fox Racing, etc.

Who is your childhood hero? Aladdin, Aboo, and Genie.

What's your favorite movie? Love & Basketball, Down to you, For Keeps.

Where is your favorite place to travel? I'd travel to any city if I could. I don't

really get to go to cities much.

What color socks do you normally wear? Only white ones, I hate colored socks.

What kind of shampoo do you use? Herbal Essences, or Suave.

What is your worst fear? Falling on my butt in front of a lot of people.

What is your dream vehicle? A red car.

What comes to mind when you hear the color red? My color, love red.

What kind of people are you attracted to? Tall, muscular, dress like a gangsta, nice and flirty. Good shape, long eye lashes and a nice smile.

What kind of friends do you have? I have exciting, funny, wild, and some weird friends.

Who could this person be? Give your guess to Mr. Apfelbeck by emailing him at papfelbeck@galenanet.com or calling him at 907-656-2380, and the first person to correctly name the Mystery Student gets a six-pack of pop of his or her choice. Sorry, mass media students and the Mystery Student (duh!) are not eligible to win.

Healthier options for students, staff

Low fat buffet bar for those who don't wish to eat from the hot line

By Sarah Reagin
PERS Staff writer

The dining hall has put in a new low-fat buffet bar. The buffet bar offers students a healthier choice of food and a larger selection. The buffet contains leafy greens such as kale, kohlrabi, sprouts, and cruciferous vegetables. In most cases, the low fat food is better for the body.

"We want to give people more options with healthier foods and provide a greater variety of nutritional choices," said Rand Rosecrans, the PERS chef and culinary arts teacher.

Cruciferous vegetables are various plants in the mustard family, including cabbage, broccoli and radish.

The new salad bar also offers beans

and legumes, low-fat cottage cheese, yogurt, and tofu. Rand said the buffet bar will not have bleach flour, artificial sweeteners, trans-fatty acids, and hydrogenated oils.

The new salad bar is great for cardiovascular health and preventing diabetes. There are fewer health problems and less obesity with low-fat foods, said Rand.

Junior Dorothy

Walker likes the new salad bar. She looks forward to eating kohlrabi with salt and tofu soaked in soy sauce.

"The low-fat salad bar is the reason that I lost 20 pounds," said Mr. Apfelbeck, language arts teacher. Mr. Apfelbeck really likes the crab salad that Rand has been serving.

Up your stars for April

01/20-02/18

Aquarius – Someone will tell you a secret.

02/19-03/20 **Pisces** –

Someone new will enter your life, but only for a little while.

03/21-04/19 **Aries** –

Problems will appear in the near future.

04/20-05/20 **Taurus** –

You will enjoy a conversation with someone you don't

like.

05/21-06/21 **Gemini** –

There will be exciting news for you at home.

06/22-07/22 **Cancer** –

Your life will take a turn for the better.

07/23-08/22

Leo – You will develop feelings for

someone you used to hate.

08/23-09/22

Virgo – You will

Horoscopes of the month by the enigmatic Star Girl

receive numerous

phone calls.

09/23-10/22

Libra – Keep working hard, it will pay off in the end.

10/23-11/21

Scorpio – Take

charge and stop

letting others tell you what to do.

11/22-12/21

Sagittarius - You

will start to feel

homesick but when

you do call home to

hear the voices you

miss you'll start to

feel better.

12/22-01/19

Capricorn – You'll

find yourself caught

in a fight between

some friends.

Disqualified because of beaver blood

PERS students first at the state science fair, can't go to nationals

By DJ Richardson
Staff writer

Despite the fact that Keira Abrams and Lena Hensley took first place in the state science fair for their science fair project, "Medicinal Uses of Spruce and Birch," they were not allowed to go to nationals because of beaver blood.

On March 11, six students left Galena for the state science fair held in Anchorage at East High School. Four of the six students were from Galena: Allison Huntington, David Spindler, Jack

Green and Richard Sommer. Lena Hensley and Keira Abrams were the two from PERS.

Keira and Lena took first place in the team project category at the Galena science fair and the state science fair. Although they took first place, they were not allowed to go to nationals.

The reason they cannot go to nationals is because paperwork was not filed for a project they worked on last year. If any paperwork is not completed, the students will be disqualified for nation-

als. Their project this year was a continuation of their project from last year.

PERS Junior Lena Hensley said, "It really got to us, but there was nothing we could do about it."

Since the project was a continuation, any paperwork not filed from the beginning of the project will result in disqualification. The paperwork that was not filled out was for beaver blood, which is a potential pathogen. A pathogen can make someone sick. The beaver blood was used to grow

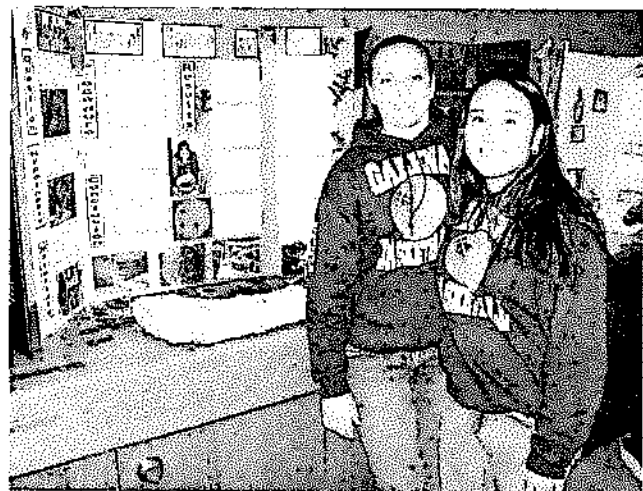
bacteria.

Science teacher Mr. Shayne Hughes, who was a chaperone on the science fair trip, said, "I was very upset. They signed off on last year's project and said the paperwork was correct, but the head judge said she was not aware of the beaver blood when she signed off. I think it is still a great program and it encourages me to make sure the proper paperwork is filled out."

Keira and Lena received \$200 prize money and an award from the US Army for their project.



Lena Hensley (left) and Keira Abrams showing off their 1st place ribbons in the Galena science fair.



Keira Abrams and Lena Hensley standing by their science fair project after winning first in Galena.

Western Interior Ski Association meet in Galena



The Galena ski team



Above - Left to right: Kallie Brown, Bessy Hausmann, Gordon Davis and Tiffany Woods. Below: Andrew Attla finishing a race

WISA was held in Galena March 31- April 2 with teams from Nome, Koyukuk, White Mountain, Koyuk, Teller, Fairbanks, Savoonga, Golovin, Tanana, Huslia, and Nenana grades 5th - 12th.



Left: Alyssa Ahngasuk waiting for team mates to finish the race. Right: Kallie Brown waiting for partner Bessy Hausmann to tag her during the relay race.



Lady Hawks hotter than ever

Galena Lady Hawks took first place at regionals for the second year in a row. The team will be heading to Anchorage on Wednesday to play the last game of the season. Good luck Lady Hawks!!



Above: Joyelyn Sommer holding the Lady Hawks trophy during the award ceremony on Saturday night.

Below: Lady Hawks varsity team with coach Dan Bennet, and assistant coaches Jay Sears and Beth Bucannan.



Above: Janice Arkell gives May Henery a hug after winning first place at regionals.



Hawks knockout competition

Boys took first place along with the ladies and will also be heading to Anchorage. Both girls and boys games were very exciting. Galena fans went wild when the Hawks beat Tok on Friday night!!



Above: Hawks shake hands with Tok after winning first place.

Below: A group picture after the Friday game.



Above: Matt Thurmond holding the first place trophy during the award ceremony on Saturday night.



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score with Jennal Burgett, They had 10-points apiece.

The last day of the tournament the Lady Hawks kept their head up and pulled together as a team to take third place. The girls played the Point Hope (Tikigaq) Lady Harpooners, beating them with a score of 47-42. Jennal Burgett received the Player of the Game Award, leading the team with 11 points, followed by LeAnn Sommer and

May Henry with 9 points each.

Janice Arkell received an All Tournament award at state. Daniella Vasquez and Jennal Burgett received the sportsmanship t-shirts for the Galena girls. The Galena Girls also took the Academic Award with an incredible 3.7 average GPA for the team. The Galena Girls did very well winning two games and losing one. Ninilchik is a very competitive team. They've won 7 State Titles, 5 in the last 5 years,



Above: Mrs. White, Sarah Reagin and Cheryl Neglaska perform a skit for National Library Week during Friday morning assembly

but this year was different, Bristol Bay took state for the first time in 13 years.

What are your plans for the summer?

Rosie Kruger: Probably just go home for a little while then come back to Galena.



Samantha Merdian: I'm going to Illinois to visit a whole bunch of family.



Johnny Stickman: I was planning on going to some camp with my friends, but I'm not sure what camp it is.



Mrs. Erickson: Train a dog, hopefully. I am getting a German Shepard and I understand you need a firm loving hand. Probably make a whole bunch of tests and read a whole bunch of books.



Carlee Malemute: Going to conferences, going down to the states, and I'm going to camp.



Alan Lonewolf: Getting a job and skateboarding.

