

# PERS Speaks Out

The student newspaper for the Project Education Residential School in Galena, Alaska

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Halloween  
carnival  
photos...

...pages 6-7

Cheerleaders  
ready to jump  
and shout...

...page 2

New coach...

...page 4

Mystery  
student...

...page 5

PERS Speaks Out is a production of the mass media class. Janice Arkell is our editor-in-chief; Tiffany Woods, news editor; Pina Sheldon, photo editor; May Henry, sports editor; Lena Hensley, entertainment page writer; Sarah Reagin, Andrew Atlla, Devyn Walker, Dorothy Walker and Brandon Walker are staff writers. The teacher is Paul Apfelbeck.

## Elders get special delivery

By JANICE  
ARKELL  
Editor-in-Chief

The PERS Culinary Arts class delivered moose ribs, stew meat, and whole quarters to the elders

of Galena. The class also helped with cleaning the meat, cutting it, and wrapping.

"It is the right thing to do and it helps out the elders," said Rand Rosecrans, PERS Culinary Arts teacher.

Rand has delivered moose meat to elders for the last couple of years, but never to the extent of bringing his class around the village.

Go to back page



Galena elder Margie Atlla shows Francis Captain how to prepare moose ribs. Culinary Arts teacher Rand Rosecrans watches.

Photo by Pina Sheldon

## Sarsfield resigns position

By DOROTHY  
WALKER  
Staff writer

Social studies  
teacher Jason Sarsfield

left to Michigan in mid September due to a family emergency when his mother became ill. He decided that being with his family was the

best place to be. He will not be returning to PERS.

Carlee Male-

Go to back page

# Drama for yo' mama

*First drama club at PERS, plans for a play*

By **TIFFANY WOODS**  
News editor

Matthew Able, 22, from Muskegon, Michigan is the advisor for the PERS drama club.

The club meetings are held in the PERS auditorium on Sundays from 4 to 5 pm. Able would like to put on a couple of plays for the community. His goal is to raise money for the club to go see a professional

play. Members of the club include Daniella Vasquez, May Henry, Tiffany Woods, Josh Hodges, Mark Young, Cheryl Neglaska, and Sarah Reagin.

Able: in high school there weren't many guys in drama leaving him with major roles. He went on to Northern Michigan University and majored in creative writing and drama.

A fun fact about

## Creativity makes teacher lounge pleasant place

By **DOROTHY WALKER**  
Staff writer

The teachers lounge was beautifully decorated by Joleen Jones, a senior student that attended PERS. As an OJT student Joleen was assigned to decorate the teacher's lounge with artwork and make

it appear pleasant.

"I used my creativity to make it what it is now," said Joleen. "Love, excitement, beauty, happiness, and joy is what I wanted to express." Joleen collected artwork that was being stored in the equipment room, as well as art on other walls and areas in the school.

## Student government elected at PERS

The student government elections were held Friday September 24, 2004. D.J. Richardson and Brandon Walker were voted co-presidents. Daniella Vasquez was elected secretary/treasurer.

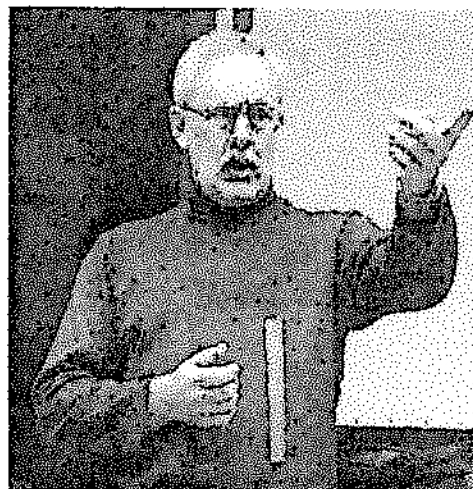
The class representative that was elected for 12<sup>th</sup> grade was Joshua Hodges, 11<sup>th</sup> grade - Candace Kruger, 10<sup>th</sup> grade - Terry Bower, and 9<sup>th</sup> grade - Erik Grundberg.

## New voters



Senior students 18 and older outside the new community hall November 2, 2004 for voting

## Antidrug presentation in PERS auditorium



Dan Weber talked about the effect of drugs on brain structure during an assembly in late October.

Photo by Pina Sheldon

# We've got spirit!

By **TIFFANY WOODS**  
News editor

Jen Owens, 22, from Enfield, Connecticut is a resident advisor at PERS that would like to start a cheerleading team by basketball season.

Owens wants the girls that join the team to have fun and cheer at home games. At this point in time there isn't enough funding for the team to travel but her hopes to change that by doing fundraisers. She would also like to raise money for new uniforms.

"I encourage any interested high school students to attend practice, males are welcome too," she said.

She wanted to start a team here because "some girls were asking for it and

there was an interest shown, so I offered to coach, and I love cheerleading."

Owens past experience with cheerleading is 6 years for the Enfield Ramblers (elementary school, middle school) football team and 1 year for the Enfield Raiders football and basketball (high school). Owens went to 4 competitions in her cheerleading career. One in high school, her freshmen year, and three in middle school.

She also played softball for 9 years and threw shot-put and javelin for track for two years in high school.

Owens hopes that at least five girls show up at the first meeting, yet to be announced.

Stacey Graham, councilor at the PERS dorm,



Jen Owens

would like to add a little dance to the team.

Some fun facts about Owens: she has been dating the volleyball coach Jeff Barry for three years. Barry is also a resident advisor at PERS. Owens attended Southern New Hampshire University where she received her minor in psychology and major in marketing.

## ***What are you doing with your PFD this year?***

We went around the halls at PERS asking students and teachers what they planned to do with their \$919.84. Here's what we found.

Craig Aloysius - "I would either put it in the bank or go to the AFN in Anchorage this month, and have a lot of fun."

Steven Kashevarof - "Keep it

and save it."

Siana Tall - "Save it up for airplane tickets for my parents to come and see me graduate."

Roberto Burgess - "Save it until I go to Anchorage for a wrestling tournament, and buy some stuff there."

David Kriska - "Spend it on my snowmachine."

Candace Kruger - "Can't touch it until I go to college!"

Melinia McCarty - "I'm going to go to Anchorage and buy a lot of things and visit family and friends."

Lora Hughes - "My daughter's goes into a college fund, and Shayne and I use ours for paying bills but this year we are saving up for a snowmachine."

# High hopes for new volleyball coach

By **LENA HENSLEY**  
Entertainment writer

Jeff Barry, a resident advisor for the PERS residential hall, filled the volleyball coaching position for Galena High School and Project Education Residential School.

"The team is for the kids," said Mr. Barry.

Mr. Barry replaced long time coach Trisha Esmailka, who resigned following the birth of her baby boy.

When it comes

to volleyball, Mr. Barry has a lot of experience with the game.

He played for New Hampshire Technical Institute, a JR college, for 3 years. He also played in a Men's A-league while playing on a co-ed volleyball team for 4 years before he was recruited by Long Beach State.

Mr. Barry's goal is to teach the students how to play and understand the game of volleyball. He wishes to increase their

knowledge of the game, so the player can see their personal growth.

Mr. Barry would also like a banner hung in the gymnasium, showing that the team won regionals and state.

In the beginning of volleyball season 58 students tried out for the team. There are now, 32 students still attending practice. Students who don't show up for practice are removed from the roster.

Mrs. Esmailka has been the head coach of Galena for 3 years,

after sitting assistant coach for the 3 previous years.

She has taken her team to state every year of her coaching career.

The first year of being assistant coach Galena took 2nd at State. As head coach, Galena got 2<sup>nd</sup> in 2002, 4<sup>th</sup> in 2003, and 4<sup>th</sup> in 2004.

Mrs. Esmailka said she resigned her position as head coach, in order to devote more time to her family and her new baby.

## Opinion

### ***New ideas come from student government co-presidents***

By **BRANDON WALKER**  
Student government co-president

As co- Presidents, D.J. and I plan to change and adjust the rules PERS students live by. We're not only in the game for a good record, but to make PERS a worth while school. We're not saying that PERS is a bad school, but we think there should be many changes, in order to form our

school into a fair and fun educational experience for students and staff.

I (Brandon Walker) think the only way we're going to get there, is together. A suggestion box is planned to be set up for students to voice their opinions and bring up issues outside of our meetings. If you happened to catch us before our meetings, you can address us with your issues.

Our duties to the

students are not only to change rules, but to plan many activities, most of which will involve Galena city high school students. We will try to place vending machines in the dining hall, as well as in the dorm. We will

try to open up many opportunities for the students to enjoy themselves at dances, games, and lock-in nights at the Dining hall. Other plans and changes are still in consideration.

#### ***Fun facts***

The average chocolate bar has 8 insect legs in it.

If you keep a goldfish in a dark room, it will eventually turn white.

Babies are born without kneecaps. They don't appear until the child reaches 2-6 years of age.

# A delicious and delicate diva

**Mystery student of the month  
by the enigmatic Lena Hensley**

How old are you? *17*  
Gender? *Female*  
Single or taken? *Taken*  
Hair color? *Dark brown*  
Where is your favorite place to shop? *American Eagle and Pac Sun*  
What color socks do you normally wear? *Whatever I grab.*  
What kind of shampoo do you use? *Coconut*  
What is your worst fear? *Going scuba diving and getting indigo*  
What is your dream vehicle? *A truck that runs with a good stereo*  
What kind of music do you like? *Everything but country*  
Where do you want to get married? *On earth*  
What is your favorite color? *Orange*  
What is your favorite cartoon? *Dragon Ball Z*  
What comes to mind when you hear the color red?  
*Lips*

What comes to mind when you hear the word socks? *Mine don't match*

What do you want to be when you grow up? *No clue, maybe something in the circus*

Do you make excuses to get off the phone with someone? *Heck yeah*

Sweet or sour? *Both*

Snow or rain? *Rain, snow sux*

Are you more attracted to someone that is intelligent or good-looking? *They have to be both*

Are you friends with someone that is exactly like you or totally different? *No one is like me*

Are you lovable or likeable? *Huh?*

Are you social? *Yeah*



Who could she be?

Who could this person be? Give your guess to Mr. Apfelbeck, and the first person to correctly name the Mystery Student gets a six-pack of pop of his or her choice. Sorry, mass media students and the Mystery Student (duh!) are not eligible to win.

## Up your stars

By *PHEBE*

**January 20 -**

**February 18**

*Aquarius* - You will receive mail soon.

**February 19 -**

**March 20** *Pisces* - Someone unfamiliar will visit you soon.

**March 21 -**

**April 19** *Aries* - There will be a conflict

with a friend soon.

**April 20 -**

**May 20** *Taurus* - Someone has developed a crush on you.

**May 21 -**

**June 21** *Gemini* - You will travel somewhere soon.

**June 22 -**

**July 22** *Cancer* - There is a lot of pressure on you to succeed, but it will all work out eventually.

**July 23 -**

**August 22** *Leo* - You don't always have to be outgoing, take a relaxing day.

**August 23 -**

**September 22** *Virgo* - You will receive a phone call from an old friend soon.

**September 23 -**

**October 22** *Libra* - Don't wait until last minute to do something.

**October 23 - No-**

**November 21** *Scorpio* - Don't be afraid to ask if you don't understand.

**November 22 -**

**December 21** *Sagittarius* - Don't be afraid to challenge authority.

**December 22 -**

**January 19**

*Capricorn* - Someone will be dishonest with you but you'll be able to figure out the truth.

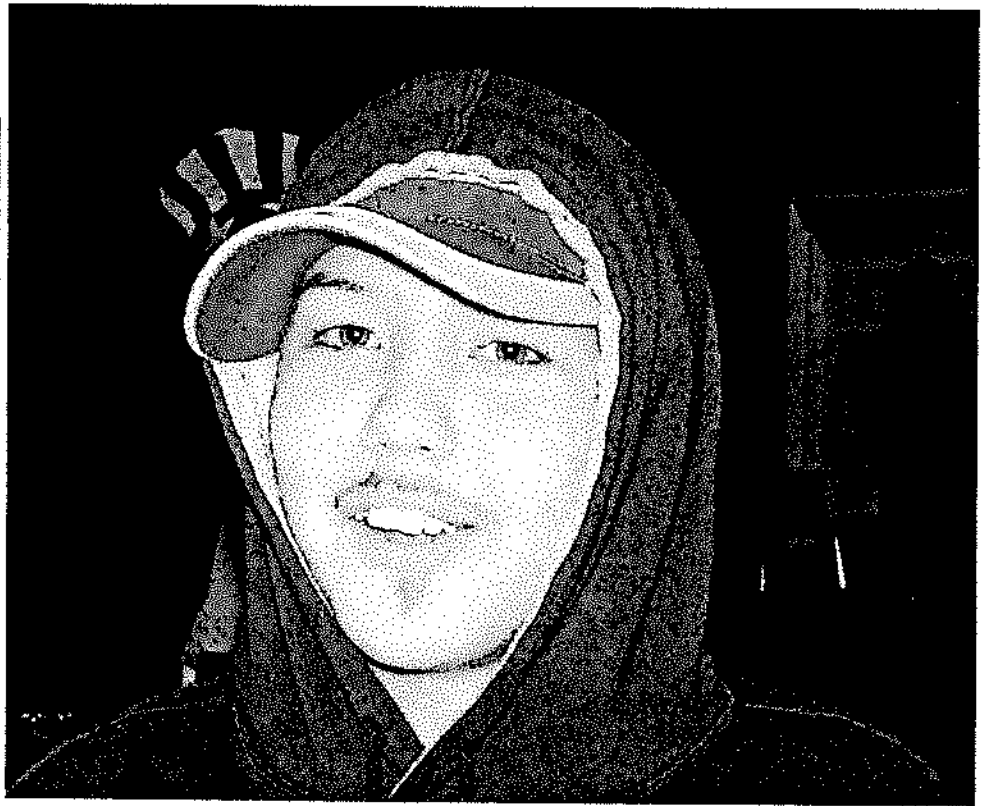


City School students  
dress to impress at the  
Halloween carnival



# HALLOWEEN!





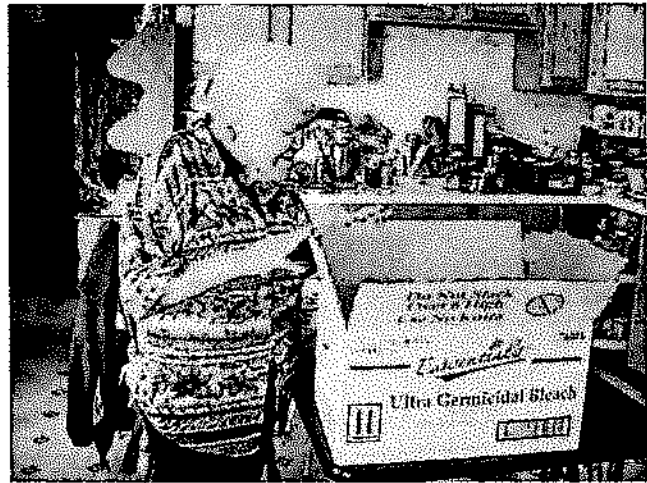
Students from PERS at the annual Halloween carnival in the city school gymnasium

# Elders get special delivery from PERS

Continued from front page

"I like to see them participating in cultural activities that help out their elders," said Rand Rosecrans, culinary arts teacher, as the class delivered food. The elders were very grateful and appreciative as they thanked the students that delivered the meat.

"I feel really good because I helped some elders, or made some elders happy," said Erik (Mud) Grundberg, a freshman here at PERS. "I learned that our culture and the elders are very important."



Galena elder Amy Demoski looks at the moose meat prepared for her by the PERS culinary arts class.

Photo by Pina Sheldon

## Margie Attla gives students moose tips

By JANICE ARKELL  
Editor-in-chief

Margie Attla talked with the PERS culinary Arts class in September about how to cut and prepare moose meat.

Margie Attla told the class many things such as:

- Subsistence food has some of the best nutrition and is a lot healthier than beef.
- Washing the meat too much can cause you to get sick because you're washing off all the minerals and vitamins that your body needs.
- Moose meat is like Jell-O when you first kill it, that's why it's always good to wait till the next day before you cut up your moose.
- It is easier to cut the meat when you



Margie Attla

Photo by Pina Sheldon

leave a little bit of fat on it because the meat can be slippery and fat is easier to hold.

- When cutting moose meat, make sure you cut off all the bloodshot parts.

## New teacher arrives at PERS after graduating Princeton

Continued from front page

Malemute will be taking his place as a long term substitute. Malemute

was born and raised in Galena, Alaska.

She attended Mt. Edgecombe all of her high school career.

After high school, she attended Princeton University, in

Princeton, NJ. Malemute recently graduated from Princeton with a degree in American History. She will now be working towards a degree in teaching, while substituting at PERS.

When asked if she was going to become a social studies teacher sometime in the future, she replied, "Yeah, that's what I'm working towards to get my degree for."