

# Have a great summer break!

# THE



May 14, 2009  
Issue 5, Volume 7

"The only newspaper on Earth  
that cares about the Galena Inter-  
ior Learning Academy"

# MONSTER

Visit us often on the web at <http://my.highschooljournalism.org/ak/galena/gila/>

## Galena teacher inducted into ASAA Hall of Fame

By TYLER MARTIN because I think of all the  
Editor key people that helped  
along the way, both

Sidney athletics and school," Huntington School Mrs. Harris said.

teacher Myra Harris has Mrs. Harris is been inducted into the a junior high school Alaska School Activities teacher. Her husband, Association Hall of Jason Harris, is an Fame. English teacher, also

ASAA has working at the Sidney different categories for Huntington School people to get inducted, campus.

and Mrs. Harris was Mrs. Harris inducted for athletics, started playing basketball specifically basketball in the third grade and and Native Youth went into her senior year Olympics. She was in college at a Division nominated by Jeff III school. The events Erickson.

"I feel humbled Cont. on back page



Myra Harris, left, is shown here at the start of the fun run during the 2008 Galena Agricultural Fair with her daughter Romay and husband Jason Harris, a high school English teacher.

Staff photo

*The GILA Monster is written by the journalism classes at the Galena Interior Learning Academy. Students are Haley Brown, Kaitlin Ivanoff, Amber Harris, Sherri Kessner, Ralph Morgan, Raven Mustafoski, Wendy Parent, Ernie Peters Jr., Kyle Sagoonick, Everett Semone, Marilyn Sheldon, Ariel Jade Turner, Justin Vasquez, and Hiram Walker Jr. The editor in chief is Tyler Martin; the associate editor is Kimberly Greenway. The teacher is Paul Apfelbeck.*

# GILA student honored as Gates scholar

By RAVEN MUSTAFOSKI

Staff writer

Adrienne Beans, a senior at the Galena Interior Learning Academy, is one of the five Gates scholars in the state of Alaska. About 1,000 Gates scholars were named this year nationwide out of more than 20,500 seniors who applied from across the country.

"I cried tears of joy," said Adrienne.

The Gates Millennium Scholarship is given to 1,000 seniors nationwide annually. The Gates scholarship pays for students to attend any college nationwide completely free up until the doctorate degree. The scholarship is named after and sponsored by Bill Gates, the chairman of Microsoft Corp. and the richest man in the world in 2009.

In order to be considered, the student must have one recommendation and at least one nominator fill out

an application justifying why he or she believes the student deserves to get accepted. Along with the recommendations and nominations, eight essays are required. In the last step, the application needs to be sent to the Gates scholarship office.

Adrienne Beans plans to attend the University of Alaska Fairbanks. Earlier this month, Adrienne was asked to play basketball on the girl's team at UAF. Attending the Galena Interior Learning Academy since her freshman year, Adrienne has played on the varsity traveling team. When asked why she was attending UAF instead of any other school in the nation, Adrienne said, "Well, I'm not like most kids."

"I want to be close to home. UAF is close to where I call home," said Adrienne.

Adrienne Beans resides in Galena, Alaska, but her home is Mountain Village. She is the daughter of Charlotte Weaver and



Adrienne Beans.

**Photo courtesy Frozen Image Photos, Fairbanks.**

has four brothers and two sisters. Her youngest brother Bill, age 4, is said to be the coolest of them all.

Ending a journey at the Galena Interior Learning Academy, Adrienne is also valedictorian and a UA scholar, and has received the Gates Millennium scholarship. With all of her accomplishments and her underlying strength not to give up, she has left some advice for the younger students. Adrienne said to get on top of your schoolwork and to make sure you always stay on top. She advised other students to do everything with everything you have to offer.

"My body feels the pressure, however, I can not let it get to my head," said Adrienne. "Get like me."

Life goals seem to be

## More ways to play at dorms

By ARIEL JADE TURNER

Staff writer

More entertainment is coming for students living at the dorms and attending GILA courtesy of Rand Rosecrans, chef for the Galena Interior Learning Academy (GILA).

There are already ping pong tables, bumper pool tables, and pool tables located in the sub near the dorms. There are three bumper pool tables that are in need of getting repaired for student's use. Buying new tables

**Continued on page 8**

# Ms. Bifelt reaches out to potential student teachers

By HALEY BROWN leaders.

Staff writer

Ms. Bifelt was invited because she is

Molissa Bifelt, a math teacher at GILA, and she was eager to was recently invited to find out more about the the 6<sup>th</sup> annual Future program.

Teachers of Alaska “My goal is student gathering. to network with other

The gathering Alaska Native teachers was held in Fairbanks and also support any of from April 22–24.

The Future get into education,” said Teachers of Alaska Ms. Bifelt. She also hopes program was founded to bring back information in 2003 for the purpose about starting a Future of promoting Native Teachers of Alaska club students to become in Galena.

teachers, encourage Ms. Bifelt has students to become been a teacher at GILA interested in a higher for the past three years. education, and to She is originally from connect K-12 students Huslia and got her with Alaska education teaching credentials



Molissa Bifelt, mathematics teacher for Galena high school students.

Photo courtesy Frozen Image Photos, Fairbanks.

## Senior grads have variety of plans

By ARIEL JADE

TURNER

Staff writer

is going to try getting a summer job on the slope up north of Alaska, but is not sure on what specific

to have fun and play lots of basketball. She states to California. He has received the Gates Millennium Scholarship, an internet business on the UA Scholar award, his own.

and is valedictorian of Bo Schaeffer, her class. She will be who has been going to attending the University GILA for four years, of Alaska Fairbanks is going to be getting a this fall in 2009 to play job with the Fish and basketball with the Wildlife this summer.

Twenty seniors grad-uating from Galena schools this May have a variety of plans ahead of them, ranging from fall to be in a process college to Internet technology program. employment.

Adrienne Beans,

Bo Schaeffer, her class. She will be who has been going to attending the University GILA for four years, of Alaska Fairbanks is going to be getting a this fall in 2009 to play job with the Fish and basketball with the Wildlife this summer.

Justin Vasquez, who also has been going who has been attending to GILA for four years, the Galena Interior Learning Academy of her summer time in (GILA) for four years, Point Hope, Alaska,

Nanooks.

Brenden Sweet-

sir, who has lived in

Galena all his life, will

Cont. on back page

# No cell phones in class

By RAVEN  
MUSTAFOSKI  
Staff Writer

If the Galena specific policy in place Interior Learning as it relates to cell Academy is like other phones, said Mr. Harry schools, you will not be White, principal at the using your cell phone Galena Interior Learning next year during the Academy. school day.

GCI announced earlier this year that they plan to establish cell phone coverage in Galena this summer.

Actually receiving cell phone service in Galena is going to be a completely new thing. Galena has never had cell phone service, which means the schools have never had to sit down and try

to organize and come up with a policy about cell phones.

There is not a specific policy in place

for students to use their cell phones before and after school and during their designated lunch period. Elementary school students are only permitted to use their cell phones before and after school.

School officials

are looking at other

schools are doing.

They have looked at

the Anchorage school

district and the Fairbanks

school district for

guidance, he said.

The rules for

Anchorage high school

students are they are not

permitted to use their cell

phones during class time, according to their web site. However,

At Mt. Edgecumbe, a boarding

school in southeast Alaska, students have a strict guideline for cell

phones, according to the Mt. Edgecumbe student handbook. Students are

not allowed to use their cell phones during the day, in class, at study

In Fairbanks, time, assemblies, or

students face the same when the dorm phones are turned off for the

cell phone use as for night.

Any Mt. Edgecumbe staff member may confiscate if a student is

showing carelessness

Star Borough School showing carelessness

District website. Like in toward the rules. The

Anchorage, Fairbanks first offense is losing the

students are not allowed phone for a minimum of to use their cell phones two weeks, the second

## TV ad targets potential GILA stu-

By AMBER HARRIS  
Staff writer

A television commercial created about our school was produced in February in Fairbanks.

There were several versions of the commercial and the producers kept on editing it till they got it right. principal at GILA.

The commercial feature six Galena students from both campuses: Marilyn Sheldon, Adrienne

Beans, Gordon Davis, Jenna Buchanan, John Kavairlook, and Marie Sheldon.

"The easy part was that they were already going to town for basketball. We could

apply here in the year 2009-2010 and following years. The school's goal for next year is to get 175

students to attend GILA. With the commercial and other various types of advertisement, we're

getting more and more applications from

*The GILA Monster* will experience a name change next year. Since students from both the Sidney Huntington School and the GILA campus now attend common classes, the school newspaper should reflect that reality. Expect a new name for the paper starting next year.

# Energy conference was success

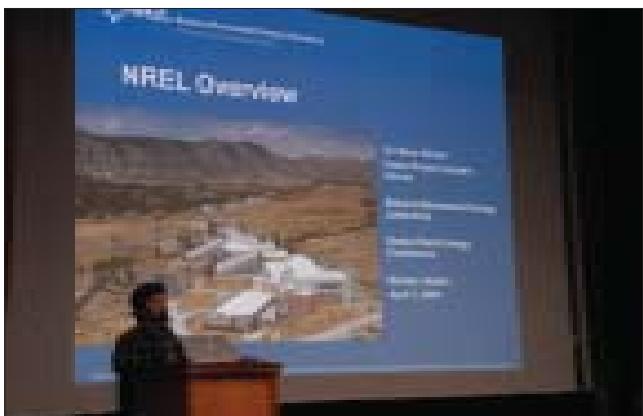
By KIMBERLY  
GREENWAY  
Associate editor

The Alaska Rural Energy Conference took place in Galena at the GILA campus on April 2-4. Presenters from around Alaska came to Galena to talk to students, staff, and community members about ways to save energy in their homes and buildings.

On the first day of the conference all the students, staff, community members, presenters, and visitors gathered in the auditorium and listened all around the main GILA building.

to the opening session. One of the opening presentations was a speech from Bernie Karl from Chena Hot Springs Resort talking about sustainability and how to save energy. From the crowd reaction I would have to say his speech was the most popular and had people fired up about saving energy.

During the conference there were



Scenes from the Alaska Rural Energy Conference in April, which was held at the Galena Interior Learning Academy. Top: Bernie Karl, owner of Chena Hot Springs. Middle top: Participants talk about energy in front of the essay contest winners. Middle: One of the presentations. Bottom: Visitors and participants look over equipment needed to generate wind energy. Above: Students at the conference.

Staff photos.



# Survey: Relationship violence common teen experience

By SHERRI

KESSNER

Staff writer

One quarter of students surveyed at GILA said they had experienced physical violence in relationships. The majority said that they have been yelled at and experienced jealousy in their relationships.

Twelve students attending GILA were randomly selected to be surveyed on domestic violence within teen relationships. The survey took place on March 3. There are 104 students currently attending GILA.

There were ten questions being asked on the survey. Four out of twelve students said that they have been in a relationship where their partner has made a degrading or insulting remark to them.

Eight students said that their partner had yelled at them. Nine students said that their partner has gotten jealous of other people being around them.

The majority of the students stated that they have been verbally

threatened - all but one student.

Three out of twelve students stated

that their partner has threatened physical violence towards them.

One-fourth of the students that were surveyed admitted to being slapped, kicked, punched, or hit by an object.

Out of all the students, eleven said that they have never been in a relationship where their partner has been so violent that they had to call family, friends, or the police, with only one saying "maybe."

When asked if they thought relationship violence was a significant problem in high school, the GILA students replied in many ways.

Four students said no. Four students said yes and two students said they didn't know.

Another student said "it [domestic violence] depends on where you are."

One student said domestic violence is a problem, "kinda, mostly

A student that agrees that domestic

violence is a problem believes that it's because

a lot of teenagers have violence] doesn't get that a lot of stress, and they serious."

like to take it out their partners."

Another GILA student said, "I'd say it is a relationship with because there is a bunch of other people around, violent."

and you never know who he/she might like,

interviewed said no

so yeah, it is a problem."

The last student

who he/she might like,

interviewed said no

so yeah, it is a problem."

By TYLER MARTIN,

Editor, and HALEY

BROWN, Staff writer

Four students disagreed.

One student claimed that "it [domestic

violence] doesn't get that a lot of stress, and they serious."

Another student stated that "there is

no point in being in a relationship with because there is a bunch of other people around, violent."

Another GILA student said, "I'd say it is a relationship with because there is a bunch of other people around, violent."

and you never know who he/she might like,

interviewed said no

so yeah, it is a problem."

## Counselors: 'Have to break the cycle'

most common among teenagers. Verbal abuse counts as swearing, putdowns, and insults regarding how the victim looks or acts.

Verbal abuse ruins self-esteem, and makes people feel they aren't worthy, said Ms. Maria Riedel, counselor at SHS. For the victim, girls report that they've been verbally abused nationwide, and 13 percent of teenage girls are physically abused in

the likelihood of them getting into another unhealthy relationship is very high.

Emotional abuse can be the most hurtful. "Physical wounds heal," said Mr. Francis LaBounty, the counselor

Among these types of domestic violence (verbal, emotional, and physical), verbal seems to be the

Cont. on next page

# Moose calf had to be shot

By TYLER MARTIN,  
Editor, and HALEY  
BROWN,  
Staff writer

A sickly baby moose was shot on the dike road behind the dorms on April 1.

The moose calf was reported in the afternoon of March 29 to Galena Police Chief John Millan. The moose was there for two days before it was shot by Alaska State Trooper Mike Potter.

It was shot because it was that the moose was just "skin and bones," and

malnourished and it was starving to death. Local police are starving, according to "Nature's plan is that not all of them are supposed to live." If all of the baby moose were to live, there

police. Chief Millan was following it; the animal collapsed and it didn't have the strength to get up.

"It was becoming a public nuisance," Chief Millan said.

People saw it afternoons of March 29 and felt bad for it so they started to feed it, but it was too late. It was already dying, and the people were just delaying the fact that it would eventually die.

Chief Millan said that the moose was just "skin and bones," and

not allowed to shoot an animal just because it's sick. It has to pose a threat to people or property. There wouldn't be enough food for all of them, he said.

## A very moosey friend

By HALEY BROWN  
Staff writer

Seeing the poor baby moose hungry and all alone on the dike was heartrending.

A baby moose was lying on the left side of the dike road next to the berm, nervous, scared and lonely. It was first seen by a couple of community members on March 28. The sun was strong but the wind was cold.

Tyler, Emma, and I were driving along the dike road, already done and heard about the moose, but haven't seen it yet. On the way back from the hall, we all decided to go see it. I was sad and scared, but I was still brave enough to pet it. I reached out and touched the moose; it felt like an old hairbrush.

The poor baby moose looked half starved; you could see the ribs poking out from beneath the skin. I

wanted to cry! We broke up branches to feed to the moose. As we stood next

to the moose, watching him eat, I was feeling more and more grief for him. I wonder if he missed his mommy. Did he know he was going to die? Was he lying there on purpose because he wanted to die?

I don't remember what Tyler and Emma were up to. I was too focused on the cute baby moose.

## Violence a problem in teen relationships

From preceding page Ms. Riedel.

D o m e s t i c at GILA, "but emotional violence affects both sides of the party. The wounds will stay with you forever."

Physical abuse is any type of violence used against another individual, i.e. hitting, pushing, punching, and throwing down.

victim may be made to feel inadequate, or they might fall into the role of playing the victim.

"You have to break the cycle somewhere," said Mr. LaBounty.

Cultures play a big role, too. Depending on where you were raised, your culture can define what appropriate and inappropriate behaviors in a relationship are, said

The perpetrator may be in denial about what they are doing.

They blame someone else for their own issues so it takes the focus off

entire journalism class went to see the moose. As we were about to leave the school for our field trip, a member of the fish and wildlife program came over to talk to us about the moose. He said that we were not allowed to touch the moose, nor feed the moose, because he didn't want the moose

to become our friend. So we pulled up next

Cont. on next page

# Starved moose calf ‘heartbreaking’

From preceding page we then saw another moose.

to it and sat there for a good 12 minutes or so. It looked even thinner and weaker than it did the day before.

I couldn't believe we weren't so deep, that the moose allowed to feed it. It looked as if it were was starving! I kept on swimming in it. This thinking to myself, “Aw, poor baby moose, I want him to get better.”

After everyone was done looking at the moose, we continued our field trip. As we headed down Tiger Freeway,

located near the side of the road were the old radio towers had been taken down by the Air Force. The snow was swimming in it. This moose wasn't cute at all; it was huge and it looked older. We examined the moose for about 15 minutes.

I learned later when we returned that the Alaska State Troopers



This photo of a mother moose and her calf was taken earlier this month at a grass lake just outside Galena.

Staff photo

had killed the moose! was no more. All that The sweet, innocent, was left in place of the starving baby moose

## Mr. Rosecrans seriously looks for new fun

### From page 2

would make the students possibly pleased because the ones they have are not in good hands due to how old they are.

much game tables as he can. Getting two tables of a ping pong table and an arcade game would most likely be better than just getting one table of an air hockey.

Mr. Rosecrans has been doing research on air hockey tables because he wanted to try having them as one of the games in the sub. He decided that buying an air hockey table next year,” said Mr. Rosecrans.

as buying another heavy duty ping pong table and possibly an arcade game. He wants to get as

“Our hope is that students recognize that there's opportunities to get what they should have, and for them to help us on what we should have for them next year,” said Mr. Rosecrans.

Getting new tables of fun would give the students a chance to relax and know they are



Students play pool and foosball at the dorms after school.

Staff photo

## Student opinion

# Security report goes overboard

By RALPH MORGAN

Staff writer

*Are you a conservative?*

*Do you promote limited government?*

*Do you oppose abortion?*

*Do you oppose immigration?*

If you answered yes to any of those questions, you are now considered a potential terrorist.

A recently published Department of Homeland Security (DHS) report has labeled U.S. veterans as potential terrorists. The report has also labeled those who promote limited government, state and local government authority over the federal government, and those that reject government entirely as possible terrorist threats. Those that oppose abortion and immigration were also labeled as potential terrorists - along with those who deserve the title, such as Neo-Nazis, White Supremacists, and skinheads.

This definition of extremist is a stretch to the extremes by the DHS.

Are they bored, or are they really this paranoid? The day I see the wacko Christian, Lou Dobbs, or thousands of shell-shocked U.S. military veterans blowing people up because they support abortion or illegal immigration it had better be an April Fool's joke on an episode of South Park.

Why the DHS could be focused on the conservatives and veterans in American society is beyond me. They should be focusing more on Neo-Nazis and people that might actually attack America.

That said, the report has come under scrutiny by the American Legion and Vets for Freedom because the small footnote on "terrorist veterans" included in the report. This part of the report was based on the 1995 Oklahoma City bombing by veteran Timothy McVeigh, along with an FBI report from May 2001-October 2008 which surveyed 23,000 veterans and found 203 of them joined extremist groups. On the other hand, the Veterans of Foreign Wars (VFN) has defended it as an assessment rather than an accusation. I think unless they wanted a lot of public scrutiny and rejection, they should have reworded it, or cut-out some parts of this report.

Fortunately, Secretary of Homeland Security Janet Napolitano insisted that the department was not planning on engaging in any form of ideological profiling - although the report labeled (in general) neo-cons and veterans who might be recovering from shell shock as possible terrorists, so words to the contrary, the report can be considered ideological profiling. She later stated that she would have rewritten the part of the report

### Excerpts from the nine page Department of Homeland Security Report issued to U.S. Law

#### Enforcement:

"The possible passage of new restrictions on firearms and the return of military veterans facing significant challenges reintegrating into their communities could lead to the potential emergence of terrorist groups or lone wolf extremists capable of carrying out violent attacks."

"Rightwing extremism in the United States can be broadly divided into those groups, movements, and adherents that are primarily hate-oriented (based on hatred of particular religious, racial or ethnic groups), and those that are mainly antigovernment, rejecting federal authority in favor of state or local authority, or rejecting government authority entirely. It may include groups and individuals that are dedicated to a single issue, such as opposition to abortion or immigration." DHS/I&A will be working with its state and local partners over the next several months to ascertain with greater regional specificity the activity in the United States, with a particular emphasis on the political, economic, and social factors that drive rightwing extremist radicalization."

## Sports opinion

# Michigan crushes hopes

By ERNIE PETERS

Sports writer

Man, oh, man, UConn lost to Michigan State University. All of my hopes were with the UConn Huskies.

My guess for the final four was all wrong, and I only got UConn right. I wasn't very happy when UConn lost to Michigan State. I didn't think that UNC was going to eliminate

Villanova. I was hoping UConn and Villanova were going to be in the championship game.

Instead it was UNC and Michigan State, the total opposite of my guess. UNC showed that they had a lot of power by winning by at least 15 points in the first 5 minutes of the game.

UNC played very tough. They won each game by at least 10 points! I am impressed the way they played each game with all the power they had and took no for an answer.

Tyler Hansbrough and Ty Lawson had a total of 80 free-throws during the whole tournament. They also played superior



defense, both had a total of 30 steals during the whole tournament.

With Wayne Ellington's sizzling 3-point shooting hands, he made a total of 17 three pointers.

After having the most minutes played, Wayne Ellington, a guard of UNC, is the top scorer

in this year's tournament, with a total of 115 points. Griffin Blake, a forward from Oklahoma, was just behind him by a point. He had 114 points when

he got eliminated by Michigan had beat 2 number one seed teams in this tournament, Louisville and UConn. If they won UNC they would have tied the record of beating three number 1 seeds.

Those are some disappointing losses for those teams because they also had a lot of belief in that they were going to win it all. Michigan State University was looking to rebound after last year when they lost to Memphis

## Lakers looking strong in playoffs

By ERNIE PETERS

Sports writer

Its time for the playoffs and the Los Angeles Lakers are looking very strong in the opening round as

they eliminate the Utah Jazz. Last year's MVP Kobe Bryant is on the mission to looking for another MVP trophy.

On the other hand LeBron James and the Cleveland Cavaliers are looking forward to

A lot of people are saying that of the best

Cont. on next page

# **Galena skiers take WISA gold**

**By KAITLIN  
IVANOFF and  
MARILYN  
SHELDON  
Sports writers**

Galena skiers took gold at the WISA ski meet held in Fairbanks,

Alaska on March 26-28. Those skiers consisted of eighth-grader Vance Gregory, freshmen everyday skiing with Jenna Buchanan, and the team. They practiced juniors Felicia Kayotuk, very hard all year and Zoey Niksik, Caitlin Carpenter, and Kimberly Greenway.

This year's skiers were coached by GILA's social studies teacher

Carlee Malemute. This every day paid off is her first year coaching. At the beginning of the season, they had almost every skier was no coach because the able to ski a 5K in half former ski instructor, the time they used to Todd Boonstra, decided at the beginning of the not to coach this year. season.

Nobody wanted to take the job offer at first, but over, freshmen Jenna

Ms. Malemute stepped up and did it.

She thought it would be a great opportunity for the kids to have a chance

to ski and found it very interesting.

Ms. Malemute used to ski as a kid, too, and as a coach she still finds it fun going out with the team. They practiced also attended a meet in Nenana, which was also very successful.

Practicing hard because when the season was coming to a close, almost every skier was with the team. She also took first place in their division at WISA. To add onto that Vance

Gregory, still in the eighth grade, who took third place.

Congratulations to Ms. Malemute for



Members of the ski team at the WISA meet in Fairbanks.

**Photo courtesy Carlee Malemute**

Buchanan was named the Skimiest, which means she was the most outstanding skier out there. The Galena girls with the team. She also took first place in their division at WISA. To add onto that Vance meets they attend during the season.

“They all did a good job and it was fun,” said coach Malemute. Congratulations to Ms. Malemute for

“They all did a good job and it was fun,” first year coach and said coach Malemute. also congratulations to

Ms. Malemute

## **Lakers: Kobe Bryant is on a playoff mission**

**From preceding page**

Lakers are going to take out the Cavs in game six.

record teams in the NBA, the Cleveland Cavaliers and the Los Angeles Lakers are going to be when they tried to make in the finals. Despite the fact that Lakers have won the Cavs two times of two during the regular season, I think that the

the season. is true that you do learn from your mistakes.

The Detroit Pistons couldn't pull it together this year when they tried to make some adjustments with Chauncey Billups and the Allen Iverson trade from the Denver Nuggets in the middle of

I am very sorry I am very sorry Billups because they were a tough team with him, and they already had a superior player, Kevin Garnett. He can attack in the shooting guard position. That is Rip Hamilton, AKA Richard Hamilton, a mid-range jump shot specialist. It

# Riff@nHook festival fun!

By JUSTIN VASQUEZ

Music reviewer

*Riff@nHook* was a very well planned out music festival by Karrie Pavish-Anderson. The festival took place during the week of April 18-25, ending with a concert in the GILA auditorium.

It was fun seeing how many people actually participated. There were all types of musicians playing at this festival. The

festival accumulated over \$1000! All the songs were amazing and there were a lot of people that said they really enjoyed the show.

*Riff@nHook*'s final concert started at 7 p.m. and ended at around 10 p.m. There were musicians from literally all ages, from preschool to adults. It was fun to see all the varieties of age, and styles, and instruments

**Cont. on next page**



By TYLER MARTIN

Editor

Music is more than just noise to me. Music is the very fiber that seems to bind me to my sanity and to this world. I have been a musician for almost six years now, and music is my life.

A long time ago - well, two or three years ago - I was going through a rough patch in my life. Nothing seemed to work out for me. Every corner I turned, every door I opened, another obstacle hit me in the face. My music was my outlet. I took my rage and aggression out on the drums. I would practice for hours on end. I always say that if I didn't have drumming, then I probably wouldn't be here. I know I would have used a more destructive outlet, like drugs or alcohol.

Music is the one of the only things that keeps me sane in this seemingly insane world.

Nothing seems to be going right in this world. The economy is shot, we've pretty much milked our environment for all it's worth, and everything seems to be going downhill.

Music is the only thing that seems to be promised to me in this world. It'll be around forever. It has already been around ever since humans figured what a beat

was. Nothing is promised in this world, except for the fact that music will always be there.

Music is literally my life. I live for music. My schedule every day is music, music, music.

Whether it's listening to it on my iPod or on my CD player, or making music myself with my band, FrostBite. I will always have a place in my heart for



Opposite page: Mo Cholok raps. Below, from top: Elementary students in the drum class; singers James Magnuson and Ayla Lechtton; Riff@nHook organizer Karrie Pavish-Anderson receives roses in appreciation.

#### Staff photos



#### From preceding page

that were being played during the show. From beginning to end, it only got better. There are a few people that I would like to mention that did an incredible job

at making the show awesome.

I would like to mention Justin York. He was the guest musician this year for the festival. He is a violin player, and he did a lot of great songs with Karrie singing and playing guitar. He also did songs of his own which sounded great.

Another person is Tyler Martin. He did a drum solo called "Machine Gun." It was a freakin' good solo. Seeing him play the drums like that made me wish I played drums instead of guitar – even though guitars are way better. But anyway, it was a really good solo, and I'm sure everyone can't wait to hear another.

Julia Cox was also

Right: Guest musician Justin York. Below:  
The GILA choir.  
Staff photos

somebody that deserves a lot of recognition because she is an amazing singer, and she sings a lot of songs, including one we wrote called "Out of My Reach." Like I said before, she has the voice of an angel.

Oh yeah, and I also did a song called "Nobody Moves, Nobody Gets Hurt." I don't really know what to say about myself other than I was freakin' nervous up there!

Also, *FrostBite* released their new song called "Coyote," which was written by Ted Roach on vocals, Tyler Martin on drums and myself on guitar. The most important person as always that made every show possible is Karrie! With out you, there wouldn't be a Riff@nHook, or Headbangers Ball. So I would like to say thank you very very much



My name is Justin Vasquez, and I am the guitar player in the band **FrostBite**. I write all the riffs and guitar parts to all of our songs, and I also do all the bass parts too. We are a heavy metal band, and one of the biggest things that makes the band “**Metal**” is, my “**setup**” –aka - (My guitar and amplifier setup, along with my pedals).

First of all, I will talk about the most important piece, and where it all starts from because you can have an awesome setup, but if you don’t have a guitar that plays well with your style, then you don’t have anything. My guitar is an *ESP Kirk Hammett signature edition*, or an *ESP KH-202* for short.

It has *Dunlop Zakk Wylde signature icon strings* on it. They are signature because the core wires of the strings are extra thick so they can have a higher tension-(stiffer/less wave frequency/more tightness/stays in focus with dropped tunings). The gauges of the strings are 13-17-26-36-52-60.

You probably don’t know, but that is really thick. It’s like playing your guitar with power lines.

I choose to play *Dunlop* strings because they sound bright, focused, and high powered, and they stay in tune.

I need them to

# Music opinion

## My Setup



stay in tune and be stiff thick dark heavy tone with because I play with a really aggressive mids, heavy hand. I also use and I can have virtually no

*Dunlop Tortex 1.14mm Wedge Picks* because they are stiff, extra pointed, bigger, and they can cut through my strings when I want to play fast and hard.

Last of all about my strings is that I tune my guitar to C-standard, or Drop-B. That means I tune 1 ½ steps down from E-standard, and then drop the C-string.

Another important piece to my guitar is my *Seymour Duncan Heavy Metal Blackout Active Pickup* or *AHB-2* for short. An active pickup is a pickup that requires a 9-volt battery. The tone and output to this pickup

punch out a heavy growl. Next is my *Rocktron Black Cat Moan* distortion and it can still

distortion and it can still punch out a heavy growl. Next is my *Rocktron Black Cat Moan* pedal. This pedal is by far one of the best pedals that I have ever used. It has 3 built in wah-effects-(bass, classic, and standard).

I prefer the classic wah effect because it has the best low to high sweep out of all of them.

The most special part about this pedal is the *Gain Booster*. The gain booster isn’t a straight up distortion pedal, but it gives an extreme crunch, along with attack and clarity. This really helps my speed picking and shredding stand out note

for note.

Another pedal that is extremely crucial for my tone is the *KFK-10 Band EQ* (*Kerry \*\*\*\*\* King*). It has ten sliders that can dramatically change the overall tone of my sound.

When I use this pedal I scoop out my mids that gives me a great metal tone. It’s okay to have no mids in the pedal because my active pickup makes up for it with its aggressive mid-range attack.

Finally, my last piece to my rig is my *Randall 120D Half Stack*. This is a solid state guitar amplifier that has 120 watts, and 16 digital effects. The speaker cab has four, 12inch, 50 watt *Jaguar speakers*. There’s not really that much to say about my amp, other than my distortion level is only at 3 out of 10, and it still sounds amazingly saturated with that heavy metal tone, thanks to every piece of equipment that I just described to you in perfect detail.

I would break this info down much more, but I don’t want to bore you.

Now you know all about my setup, and what it consists of, and how to setup everything so I can obtain the high-gain tone with tons of clarity and unlimited aggression that I inflict upon the innocent ears of the people who dare to stand in front of this demonic overdriven

# Prom 2009



Freshmen  
Count - Leonard Ewan  
Countess - Jenna Buchanan



Sophomores  
Duke - Warren Wilson  
Duchess - Jordan Tindall



Junior  
Prince - John Kavirlook  
Princess - Haley Brown



Seniors  
King - Gordon Davis  
Queen - Adrienne Beans



# ***SHS teacher in Hall of Fame***

## **From page 1**

that she participated in

NYO were the Scissor Broad Jump (her district record still stands), one

arm reach, stick pull, and wrist carry.

an honor," she said.

"Because the years passed by so quickly,

## ***Seniors make plans after leaving high school***

## **From page 3**

Alaska, going to his camp, going hunting, and going fishing.

Tyler Martin, who has gone to GILA for three years since

his sophomore year, is going to be traveling to Washington, California, and Oregon this upcoming summer. He will also be working on landscaping. In the next fall, he's going to

Alaska Anchorage and majoring in music.

Wasilla, Fairbanks, or Anchorage. I got accepted to the University of Alaska Fairbanks, so that is what

I've attended both GILA and Sidney Huntington School. I plan on finding a summer job in

---

---

---

## *Have a happy summer vacation !*

---

---

*The GILA Monster*  
**Galena Interior Learning Academy**  
**P.O. Box 359**  
**Galena, AK 99741**